

MENU



	DATE	BREAKFAST	LUNCH	DINNER
MONDAY	7-Aug	Egg to Order, Bacon, Hashbrowns	Kentucky Bourbon Chicken Breast, Steamed Mixed Vegetables, Wild Rice Blend w/ Mushrooms, Orange Layer Cake	Philly Steak Sandwich, Caesar Salad w/crutons, Navy Bean Salad, Yogurt & Berry Parfait
			<i>ALT: Soup and Sandwich</i>	<i>ALT: Soup and Sandwich</i>
TUESDAY	8-Aug	Eggs to Order, Ham Steaks, Warm Pastry	Stuffed Green Pepper, Pickeld Beets, Whipped Potatoes, Cherry Crepe	Shaved Corned Beef on a bun w/ Cheese Sauce, pasta Salad Vinaigrette, Dessert
			<i>ALT: Soup and Sandwich</i>	<i>ALT: Soup and Sandwich</i>
WEDNESDAY	9-Aug	Eggs to Order, Bacon	Pork Cutlet Milanaise, Mixed Greens w/ Arugula, Penne Pasta w/ Grape Tomato & basil, Fudge Brownie w/ Ice cream	Scrambled Cheeseburger, Marinated Vegetable Salad, Curly Fries, Baked Apple Carmel Pie
			<i>ALT: Soup and Sandwich</i>	<i>ALT: Soup and Sandwich</i>
THURSDAY	10-Aug	Scrambled Eggs, Sausage Link, French Toast	Pig Roast, Hawaiian Cole Slaw, Rst corn & Beans, Sweet Potato w/ coconut, Pina Colada Torte	Grilled Cheese Sandwich, Fresh Fruit Salad, Potato Chips, Chocolate Cake w/ Ice cream
			<i>ALT: Soup & Sandwich</i>	<i>ALT: Soup and Sandwich</i>
FRIDAY	11-Aug	Scrambled Eggs, Bacon, Fresh Donuts	Baked Fish Filet, Green Beans w/ Mushroom, Roasted Redskin Potatoes, Lemon Mousse	Chicken Sandwich, Three bean Salad, Baked Steak Fries, Strawberry Layer Cake
			<i>ALT: Soup & Sandwich</i>	<i>ALT: Soup and Sandwich</i>
SATURDAY	12-Aug	Eggs to Order, Polish Sausage, Waffle	B.B.Q. Chicken, Marinated Vegetables, Buttered Corn, Pumpkin Pie	Soft Shell Taco, Shred Lettuce w/ tomato & onions, White Corn Chips w/ Salsa, Dessert
			<i>ALT: Soup and Sandwich</i>	<i>ALT: Soup and Sandwich</i>
SUNDAY	13-Aug	Scrambled Eggs, Sausage, Pancakes	Glazed Bake Ham, Brussel Sprouts, Maple Glazed Sweet Potatoes, Cherry Pineapple Dump Cake	Chefs Salad w/ Ham, Turkey, Hard cooked Egg, Dinner Roll, No Bake Cookie
			<i>ALT: Soup and Sandwich</i>	<i>ALT: Soup and Sandwich</i>

*Menu changes may occur throughout the week; all meals served are heart healthy/no-added salt and meet diabetic requirements